

## AND NOW ... A WORD ABOUT OUR SPONSORS

There are some wonderful companies around our city (and in Ontario and Quebec) who continually demonstrate their support for the arts. We ask that you support them in return and let them know that you share their vision for a healthy dance environment in our community. It's important that they hear from you personally. Without your feedback - how are they to know that they are making an impact?

- |                                    |                                      |                            |
|------------------------------------|--------------------------------------|----------------------------|
| ▪ Area 7 Communications            | ▪ AT&T Canada                        | ▪ AVFX                     |
| ▪ Axmith & Adamson Consulting Inc. | ▪ Barefoot Science                   | ▪ Berlex Canada Inc.       |
| ▪ CKLN - FM                        | ▪ Creed's Dry Cleaning               | ▪ Davis & Company          |
| ▪ Davis + Henderson                | ▪ Dupont Canada Inc.                 | ▪ Eye Weekly               |
| ▪ Macedonian Heritage-CFMT         | ▪ Malabar Limited                    | ▪ Midnite Hour             |
| ▪ Mokuba                           | ▪ NOW Magazine                       | ▪ Oland Specialty Beer Co. |
| ▪ Parallax Communications          | ▪ Radiant Concepts Inc.              | ▪ Rubbermaid Canada        |
| ▪ Schiralli Saverio Agencies Ltd.  | ▪ Scotiabank                         | ▪ Seesaw Art + Design      |
| ▪ TD Canada Trust                  | ▪ Teuscher Chocolates of Switzerland |                            |

### **Dance is an expression of action, of the inner play of Motion and Emotion. May the one who visits after me be enriched by my actions. Spirit Synott**

From the first time I met Deb while visiting Wilson Studios, I knew I liked her. She's got a mischievous streak and made me feel welcomed immediately. I heard her shows were a "Must see". So I did. Again and again. I started taking classes with Deb Wilson, then Amanda Parris, then Almond Small. I became a member of the Board of Directors of the Northern Lights Dance Theatre Foundation. The more I learned about the studio, the dancers, the board and the charities they have helped, the more I wanted to be a part of things. They work so hard and do so much with so little funds, and yet they help others. That's something special.

When Deb asked me if I wanted to be a guest performer in their spring show, I was shocked. I looked her straight at her and said, "Are you sure?" I had dreamed of such a thing. I said, "What the hell - if you're game - I am".

Who am I? Why does this mean so much to me?

**My name is Spirit and I work hard to live up to that name.** I am an accomplished Artist. After graduating with honors from the Ontario College of Art, I completed my postgraduate work in Florence, Italy. I have trained with Actors' Workshop, Equity Showcase, Classical Lab, Actors' Co-op and countless workshops in movement, theatre and martial arts. I currently work as a freelance model, dancer and Director of MUUVE.

Why is this unusual? I use a wheelchair full time. I dance in and out of my chair with able bodied and other bodied dancers.

Since dancing as a guest performer in the OMO Urban Riffs Spring Show at the Betty Oliphant, I have performed a duet choreographed by dance partner, Almond Small at the PSAC Access Conference, Whose Move Show at Harbourfront and the Falun Dafa Day Celebrations at Nathan Phillips Square.

Right now, Rachel Gorman is choreographing and performing with me, Perry Augustine and Paulo Raposo (two Wilson Studio students) in the 2002 fFIDA (fringe Festival of Independent Dance Artists) at Buddies in Bad Times, August 10th 8:00pm, 11th 3:30pm and 13th 9:30pm. We are in the Composer's Choice and our show is called **Waking the Living**. Rachel and I have danced together for three years and I am certain it will be a show not to be missed.